

# LGUSL Coaches Meeting

August 19, 2009



# Agenda

- President's Message
- SJ Earthquakes
- Recognition for some great coaches!
- Before the season starts (paperwork, helpful tips)
- During the season (Kick Off Fun Day, Goalie Clinics, Pride of LG, Coaches Cup)
- After the season (Player evaluations, Comp/Select coaches and players picked, spring season, summer camps/clinics)
- Pick up rosters and coaching gear
- Hannegans!



# President's Message

- Welcome Message – Thank you!
- Introduction of Board Members



# Thank you for coaching!

- Because of you over 1,400 Los Gatos kids have a chance to play rec soccer this fall
- Thank you for making sure they all have fun and come back out again next year
- Make sure that you have fun – we want you to come back next year as well!
- Tradition for Los Gatos coaches
- Your “Goal for the year”



# SJ Earthquakes (Anthony)



- July 25<sup>th</sup> game against DC United was great!
  - 140 LGUSL attendees
  - U14 Fuze got an on-field experience
  - Strikers, El Lobo, and Roar also went in uniforms
- Now that you have your rosters – we’re doing it again on Friday 9/18 @ 8 PM (v Colorado)!
  - All LGUSL families get ticket discounts for all games – email [aperry@sjeearthquakes.com](mailto:aperry@sjeearthquakes.com) to buy tickets
  - Get 10 players to go to a game and get an on-field experience and 2 free tickets!
- Quake player “scheduled to appear” at Kickoff Fun Day



And now (drumroll please) – it's time  
to recognize some outstanding LGUSL  
coaches!



# Positive Coaching Awards



- Patterned on the philosophies of the Positive Coaching Alliance (a.k.a. PCA):
  - <http://www.positivecoach.org/>
- Based on
  - Results collected during the end-of-season survey and
  - Nominations from Recreation and Coaching Commissioners
- Recognition (and most survey results) call out head coach's name only (obviously Assistant Coaches are a big part of the Head Coach success)



# Positive Coaching Awards

- Stan & Melissa Vuckovich
- Tim Van Den Berg
- Jere Hench
- Roger Neef
- Justin Smith
- Anthony Gioeli (Repeat winner)
- Mark Hellmer (Repeat winner)
- Rich Seger
- Mark Peattie
- John Fumia
- Robert Potts
- Bryan McCollam (Repeat winner)
- Gerry Gaffney



# Before the season

- July-August
  - Coaching staffs and team rosters
  - Field assignments (practice) – re-done every season
  - Pre-season clinics (July 27-30, Aug 3-6)
- Aug 19 – Coaches Meeting – team rosters, roster cards, goalie jersey and gloves, and cones
- August – uniform distribution
- Aug 20-23 – call your parents
- Aug 21-22 – F License Course
- Aug 24 – practice starts
  - Work with co-coaches to minimize practice and game conflicts – at least 1 coach at each



# Let's get excited about paperwork!! (Anne)

1. CYSA requires 2 Player registration forms (Form 1601) with a wet signature on both forms – one for the coach to keep, one for the League Registrar to keep until players turns 18.
2. CYSA requires 1 Adult Disclosure form (Form 1628) with a wet signature per coach.
3. U6 and U7 do not require player passes or game cards.
4. U8-U18 players require player passes with a photo. Referees will check player passes at the start of each game. Game cards will be in your envelope.
5. U14 and above rosters and players passes are issued by the District Registrar.
6. Golden Rod is your official roster that you will receive upon completion of paperwork.
7. Registration forms and Golden Rod must be placed in a team binder and stay with the team during each practice and game.
8. Coach refers to both Head Coach and Assistant Coach.



## All Teams:

1. Call a team meeting and have all parents sign both registration forms (one white, one blue) and review/correct information. **Do not sign with a black pen.**
2. All coaches - review/correct and sign Adult Disclosure form. **Do not sign with a black pen.**

## U8 – U12:

Ask each player to bring a recent head shot to the team meeting. Photograph should be approximately 1" by 1-1/2." No sunglasses, no hats. You will glue the photos on the back of the player pass (once you receive them) in the top left corner. Leave some space so you can punch hole the passes and put them on a key ring. Coaches passes go first, then players in order as on the roster. Laminating is optional. Coaches need to supply photoa as well for their pass.

## U6 – U12:

3. Open House for document exchange. [Thursday September 3rd from 10am – 8pm](#)
  1. Bring both sets of SIGNED registration forms in alphabetical order in 2 separate stacks.
  2. Bring ALL SIGNED Adult Disclosure forms.
  3. You will receive your Golden Rod and coach/player passes (only U8-U12)



**U14 – U19 TEAMS – PLAY-THROUGH – ALL PAPERWORK MUST BE SIGNED OF BY DISTRICT II REGISTRAR!! It takes a little longer!**

**Photos: please print photos on labels. Do not drop of hard copies of photos. Instructions on how to and labels will be in your envelope.**

Drop of a large envelope labeled with your team name with:

1. All signed Registration Forms (blue copies only).
2. All signed Adult Disclosure forms,.
3. Sheet of labels with photos with player name written as they are listed on the roster.

There will be a box by my front door.

**BEFORE MONDAY SEPTEMBER 1<sup>ST</sup>**

You will be notified when paperwork is back from District Registrar.

All player passes must be laminated, punch holed and placed on a key ring, coaches first, players in order as listed on roster.

**DO NOT DROP OFF INCOMPLETE PAPERWORK WITHOUT CHECKING WITH ME FIRST.**



U6 – U12: Open House on Thursday Sep 3 from  
10am – 8pm

U14 – U18: Drop of deadline is Tuesday Sep 1 – yes,  
you can drop off earlier.

Where: 15300 Winchester Blvd #9, Los Gatos CA  
95030. Directions in your envelope.

**PLEASE READ THE INSTRUCTIONS  
PROVIDED IN YOUR ENVELOPE!**

**QUESTIONS – ANNE001@COMCAST.NET**



# Uniform Pickups (Mark)

- What to do if there are any problems



# What's in your bags?

- Coaches T-shirts
  - Wear them to every game
  - Let us know if you need another shirt or size
- Paperwork
  - All player and coaches forms (for Anne)
  - Game forms (for refs) and labels
- Forms for Picture Day – hand out in advance
- Keys (for equipment storage boxes at fields)
  - Combinations for goal locks come via email



# Best Practices (Steve)

- Have a team meeting before the season
  - Have parents review and sign paperwork
  - Bring camera for player card photos
  - Distribute uniforms (line up by height, then hand out)
  - Communicate expectations (dogs, clean fields, drive safe)
- Get the parents involved
  - Find a volunteer team parent – help with snacks, field clean up
  - Find a field setup coordinator – for when you are home team
  - Have a “game day” parent as a second set of sideline eyes
- Buy a first aid kit (take it to practices and games)



# During the season

- September
  - September 12 – Opening Day + Kick-off Fun Day + Photo Day
    - Note: Photo Make-up Day Oct 10
  - September 27 – Goalie Clinics (Fisher)
    - 9:00 – 10:30 for 6-10 age groups, 11:00 – 12:30 for 11+
- November
  - November 8 – Coaches Cup
  - November 14 – final rec games
  - November 21-22 – Pride of Los Gatos (U12-18)



# Kick Off Fun Day 9/12 (Heather)

- Volunteers (and lots of them)
- BBQ - Los Gatos Meats
- Jumpies
- Sponsor Booths
- LGUSL Spirit Clothing
- Volunteers (Did we say that already?)
- Community service hours available for Middle and High School Students
- Please help to make this day a fun one for everyone.
- Contact: Heather Sexton [Hsextonca@aol.com](mailto:Hsextonca@aol.com)



# Be Good Neighbors (Ed)

- We work with schools to make sure that ...
  - No dogs are on the field (games cannot be played)
  - All goals are locked after use (practice or games) except for the 4 large goals at Fisher
  - All trash must be cleaned up before teams leave
- Drive responsibly – no speeding or illegal parking
- Union Middle School - no dropping off or picking up kids on Taft and no fence jumping on Nino Blvd.
- How you help – educate parents early and often
- If you are the last team of the day and you moved goals and locked them up, but don't see a storage container for the equipment, please take equipment home and email your AGC



# Keeping kids safe (Ed)

- What we do
  - Coaches Background Check
  - Community Filter
- What you do
  - Communicate clearly about curbside drop off and pick ups
  - Leave no players (kids) un-attended after practice
  - Get your parents help for their side of the field
  - Report bad behavior (including bad language) to LGUSL



# Tips for a good season (Steve)

- Game specifics
  - Coaches/players on one side, families on the other
  - No casts or jewelry allowed
  - Conflict resolution – avoiding blowouts
  - Game overview (# of players, field size, ball size) in your bag
- Set up your phone for Saturday field updates
- Resources for coaches
  - LGUSL website (schedules, directions, drills) – [www.lgusl.org](http://www.lgusl.org)
  - CYSA website (Avery labels for gamecards) – [http://www.cysanorth.org/Forms%20&%20Manuals/forms\\_&\\_manuals.htm](http://www.cysanorth.org/Forms%20&%20Manuals/forms_&_manuals.htm)



# Working with your referees (A.J.)

- Expectations
  - Majority of Referees are under 17 and do it for love of the game
  - Coaches are RESPONSIBLE for parents, players, and their actions
  - Complaints go to Referee Coordinator AFTER game (not during)
  - Have game cards available for referees at check-in (fill out early)
  - Player Passes should be laminated and bound (pick them up after game!)
- What do you do if your ref doesn't show?
  - Don't Panic!
  - Parents can act as "Club Linesmen." Only call out of bounds. Not fouls, offside, or direction.
  - Notify me U8 or above
- Anything else – email A.J. ([ajtescobar@yahoo.com](mailto:ajtescobar@yahoo.com))



# Pride of Los Gatos

- Season-ending tournament for U12 and above (two days – one weekend)
- If this is your first time coaching the older age groups, you should definitely play!
- Look for an LGUSL email with details on how to sign up and participate



# Coaches Cup

- Lots of fun – come play, catch up with friends
- “Dark shirts” v “White shirts” has replaced “girls coaches” v “boys coaches” (so everyone bring one of each – we pick teams at the field)
- Mid-November



# After the Season

- November
  - Player Evaluations – helps us pick teams next fall (and required to get pictures and trophies for end-of-year party)
  - Comp / Select Coaching Applications due
- December – February
  - Comp / Select coaches picked and open tryouts held for all teams (check LGUSL website for dates)
  - How you can help – if you have one of “those” special players let them know about tryouts



# Competitive Soccer in LGUSL

- Recreational (Rec) – Division 4
  - 100+ teams and 70% of players
  - In-house (within LGUSL) and play-through (U14 and up)
  - You sign up, you play
- Competitive (Comp) – Division 3
  - Next level up from Rec – starts at U9
  - Tryout process for team – most are year round
  - [http://www.lgusl.org/comp/index\\_E.html](http://www.lgusl.org/comp/index_E.html)
- Select – Division 1
  - Next level up from Comp – starts at U10
  - Must be promoted from Division 3 (except first year)
  - [http://www.lgusl.org/select/index\\_E.html](http://www.lgusl.org/select/index_E.html)



# Spring – Summer

- Spring Soccer – West Valley, Off The Wall
- Comp / Select
  - Practice fields re-assigned each season
- Earthquakes games
- Summer - soccer camps / clinics
  - Check LGUSL website for information
- See you back here next August!



# Thank you for coming!

- We know you are busy – without you, there is no league, so thanks for the time!
- This deck will be on LGUSL website next week
- Now pick up your coaching bags and head over to Hannegan's!!!
- Any questions
  - Walt – [duflock@yahoo.com](mailto:duflock@yahoo.com)
  - Steve – [smwhite@sbcglobal.net](mailto:smwhite@sbcglobal.net)

